08.04.2021

TEMATYKA TYGODNIA : CHCĘ BYĆ SPORTOWCEM

 DZIEŃ DOBRY

1. ROZGRZEWKA



PORANNA GIMNSATYKA Z KUBUSIEM 😊

<https://l.facebook.com/l.php?u=https%3A%2F%2Fm.youtube.com%2Fwatch%3Fv%3D52griSsio5Y%26list%3DPLHBtE00YU3ml4rNXagZZU78IqJwMST71d%26index%3D5%26fbclid%3DIwAR2NNNObBGpdZFwlzTb1owHJnwRnBV0oPcciZ6MI87hqU34TwZxKMqjTg50&h=AT0Jy9DKuZB5sLmKcJjgcBcvAZYh_dw1pzh2W8QVelSHVmKdkoPRE7N48oLZAj0l6h0J8Ud6TuZJnYz0ENvocfTNHVWMgPKuKiHVKk6cc4ttBj57KyDGYsav5YSYO7O7m75m49I71UCePsbBSJE>

[Ćwicz z Kubusiem – Rozgrzewka w parku - YouTube](https://www.youtube.com/watch?v=uU84GWyJy_M&list=PLHBtE00YU3ml4rNXagZZU78IqJwMST71d&index=4)

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